

FAQ on Feline Estrus (Heat)

When will my cat go into heat?

Usually the first heat occurs at 6-9 months, but can be as early as 5 months. The primary breeding season is between February and November. A cat can return to heat as soon as 7 days after having a litter.

When should I breed my cat?

If planning on breeding your cat, it should not have its first litter before 18 months of age.

How long is Estrus (heat)?

The average length is 7 days, but has been known to vary between 1-21 days. Cats cycle repeatedly during breeding season with a 3-15 day break between cycles.

What are the signs of heat?

Cats in heat will roll on the floor, rub against things and often vocalize in a loud manner.